


HOCKEY EQUIPMENT GUIDELINES

See below the picture for various resources for choosing equipment.



Helmet ☆

Mouth Guard

Neck Guard ☆

Shoulder Pads

Elbow Pads

Gloves

Pants ☆

Shin Pads

Skates

Helmet with face mask, CSA certified


BNQ certified neck protector

Pants fall down: you need either suspenders or an adjustable belt

Hockey skates must be sharpened

Athletic supporter/cup: jock shorts include cup pocket and velcro sock grips and are easier than a garter belt for fingers young & old

Willowdale Hockey supplies your team jersey and socks. We suggest you keep the choice of stick affordable!



Hockey Development Centre Ontario (HDCO) Equipment Fitting Tips
http://www.hdco.on.ca/web_pdf/htcp_guide_to_hockey equip.pdf

Chevrolet Canada Helmet Program for 5 year olds
<https://www.safeandfunhockey.ca/en/helmet>

Geared to Win Sports – our local hockey store.
www.gtws.ca or www.gearedtowinsports.com
5855 Leslie Street in the Pickle Barrel plaza at Leslie and Cummer.



Stop it! www.stop-it.ca

Keep your children's ball games safer on the driveway this summer.

Available at National Sports or online above.
Also Canadian Tire Thornhill (8081 Dufferin)

